THE ALUMNI CONNECTION



MEETINGS

Held in the Tiered Classroom at the School of Health Sciences and on Zoom at 6:00PM unless otherwise noted. 1 contact hour awarded. If the school is closed, the meeting is on Zoom only.

Sept. 24, 2024 "Changes at the Bedside" Margo Hollenbach MSN, RN, CNE

Oct. 22, 2024
"With your nursing experience, you should write a book." So I did.
Susan Snyder RN-BSN

March 25, 2025
"Interprofessional
Collaboration"
Lori Beard, EdD, MSN, RN;
Shelly Farmer MSN, RN; &
Heather Endy DNP, RN

April 22, 2025
"Developing a Clinical Practice
Guideline to Mitigate Violence
Against Nurses"
Peter E Cunnius, DNP, MSN,
CRNP, ANCC-BC, BCEN,
PHRN Hospitalist - Adult Critical Care U.S. DOT FMCSA
Medical Examiner

May 20, 2025 TBA

June 10, 2025 Annual June Dinner

Message from the President

Happy Fall to all members of The Reading Hospital School of Nursing Alumni Association! Every fall and spring when I sit down to write this message I cringe trying to come up with something thought provoking, however once again I am at a loss about what to write. I finally decided to once again write about our association in the hopes more graduates will support us by remaining members as well as encouraging new members to join us!

Since I am writing this in early June prior to our June Dinner, I am sure this event will be a great success and I would like to thank everyone involved in creating this event especially Karen Krick and Carol Kerstetter.

Congratulations to the Class of 1974 as they celebrated their 50th Anniversary and received their golden colored Nightingale Lamp.

Congratulations as well to the Class of 2024!! May your graduation from our nursing school be the first of many successful accomplishments as you pursue your career in professional nursing. All new graduates received a white Nightingale Lamp as a symbolic reminder of the basic principles of nursing expressed by Florence Nightingale. Seven members of this graduating class received scholarships and awards from the Alumni Association, In addition six members of the Association were awarded Graduate Scholarships . The Alumni Association was organized in 1895 to promote educational and professional achievement. Over the years we gave \$405,445.00 to 517 students and \$129,981.00 to 162 graduates.

Finally I am extremely grateful to all members of the Board who continue to work diligently to support our association. These members are a group of dedicated professional nurses who try to enhance the nursing profession in our area. I sincerely hope that all graduates – past and present- are willing to support this organization by remaining a member or renewing their membership.

I hope to see many of you at our meetings either in person or on Zoom in the future!

Thank you, Mary Ann Melnick Killian 1971



New Graduates

Maily Aguirre-Gallo Christina Aziphat Haley Brooke Balin Nytta Bay Cadena Kylie Chan Kira Jordan Clark **Dustin Joel Daniels** Liliy Blake Derr Ever Diaz-Aguasvivas Abigail Lynn Douglas **Christian James Dunlap** Randy Phu Duong Michael Joseph Dyszel Brandie Jo Eckert Jordan Edward Ernewein Violet Gretchen Evans Taylor Michelle Folk Monica Frutos Marchere Amber Gilliam Kelsey Marie Gobright **Emily Sue Groscup** Kristen Irene Groscup

Nikole Lynn Haertter

New Graduates cont.

Lindsay Ann Hecker Garret Yeager Hershberger Nicole Lynn Hughes Colleen Elizabeth John Rebecca Paige Klisiewicz Tyler Joseph Kunz **Emily Paige Martin** Nicholas Anthony Martini Karla R. Melendez-Rodriguez Tiffany Marie Mongrain Olivia Nace-Wellbrink Giselle Ordonez Mikayla Skye Patton Milagros Peguero Castillo Sujeys Peralta Zamira Del Carmen Peralta Nunez Tiffany Lynn Romanski Christina Elin Ryan Rebecca Marie Sargent Braelee Elizabeth Scholl Sydney McKenna Scripture Jaylynn Marie Serrano Jessica Marie Shomo Jacqueline Patricia Skidmore-Hess

Samantha Maria Smith

Christina I ee Stein

New Graduates cont.

Llina Aylin Thormes Marybeth Toy Preston N. Vazquez-Corrado Hannah Njambi Wamaitha Sarah Rose Wasielevski Olyvia Morgan Woll

Whitney Rae Yeingst

Carla Mae Zinsky

Reinstated Members

Wendy Oplinger Manowczak 1984 Diane Johnston Hertzog 2008 Jennifer Gray Kelliher 1991

Need Free CEU's

Continuing education for nurses: Join your peers for evidence-based learning - Medline offers 200 hours of free continuing education

RHSN Nursing Caps are still available from KAYSCAPS.COM

Send All Correspondence To: Alumni Association of TRHSN, POB 6248, Wyomissing, PA 19610 or v.clements@comcast.net

Deaths Barbara Wanner Hetrich 1956 Nancy Gearhart Hausman 1956 Joan Stetz 1958 Jane Sharp Hoover 1960 Joyce Graul Frey 1961 Dona Landis Brown 1962

Judith Thompson Ressler

*Designates not an Alumni Member. A donation has been made to the Scholarship Fund to honor the memory of deceased Alumni members.

Contributions to the Alumni Association General Fund

Class of 1956

Ann Hains Blew

A. Ruth LeFever Simpson

Class of 1958

Jean Stetz Kusior
In memory of her twin sister
Joan Stetz 1958

Class of 1962

Barbara Wisniewski Koch
In memory of Mary Louise
Heilman Hill 1951

Class of 1964

Sharon Stoner

In Memory of Jean Smolko Spangler 1964

Class of 1966

Phyllis Schlegel Reinhart
In memory of Sharlee Miller
Deibler 1966

Contributions to the Alumni Association General Fund cont.

Class of 1968

Sandra Sikora

In memory of Linda Porter

1968

Class of 1970

Donna Kay Bowman

Class of 1971

Nancy Shaffer Kiesling

Class 2001

Aneesah F Smith MD

Friends

1964

1965

Patricia Stetz Grammer
In memory of her mother
Joan Stetz 1958

Donations to BCCF Student Scholarships

Class of 1951

Lois Miller Persing
In memory of Sharlee Miller
Deibler 1966

Class of 1970

Donna K. Bowman

Class of 1973

Pat Fick Turesky

Members of the Class of 1973

See p. 4 for more info

Donations to Alumni Center

<u>Lois Wanner Shelton Class of</u> 1978, a 1926 Reading Hospital Dedication Booklet.

Karen Erb Bensinger Class of 1971 donated her nursing school class notes, a student uniform, and miscellaneous memorabilia.

Karen Shearer, daughter of Thelma Reichert Christman Class of 1947, donated her mother's Graduation pin and assorted RH pins, RH publications, School of Nursing publications, class notes, and miscellaneous memorabilia.

Cynthia Miller Sheehan, class of 1974, donated a feeding cup.

Donations to BCCF Graduate Scholarship Fund

Class of 1955

Estate of Gail Hesser

Associate Member

Mary Ann Suder Wells

We are still interested in your "treasures" from nursing school to add to our collection: casual photos from student days, graduation memorabilia and year-books, Nursing School and Reading Hospital publications, as well as nursing related equipment are being collected. We cannot accept any more nursing capes.

Members from the Class of 1973 donate to BCCF for the Student Scholarship Fund

Money was donated from members of the class of 1973 in memory of two classmates:

Christine Rebman-Roller and Cynthia Dilley Tilles

The following members of the class of 1973 contributed to these donations:

Kathleen Otto Kenworhty Carol Eckert Saul Deborah Straub O'Hara Suzanne Seisler Beissel Donna Lesher Houck Linda Lawley Escher

Rachel Klusewitz Ermold Ann Wenger Blauch Marie Holly

Sharon Lutz Jacqueline Grube Fetter Jayne Griswold Guest

Cynthia Becker Christ Anna Nolt Ella Nolt

Shirley Sechrist Pankake Susan Keiser Hahn Cecelia Elinausky Kacmar

RHSN Alumni Programs for 2024-2025 year

Programs will be held at 6 pm at the School of Health Sciences and are also available on Zoom. To access Zoom from Windows or Mac type in this web address:

https://us02web.zoom.us/j/86056425315?pwd=MFBGd0gwTWY0Mk15SUw0NmIxNDVqQT09 Or go to: Zoom.us/join

• Enter meeting ID in box in the center of the page Meeting ID: 860 5642 5315

Click on "Join"

Then "Launch Meeting" (if you don't have Zoom downloaded click on "Download" first)

Click "Open Meeting"

You can also join by calling in.

+1 301 715 8592 US (Washington DC)

Meeting ID: 860 5642 5315

September 24th "Changes at the Bedside" Margo Hollenbach MSN, RN, CNE

October 22 "With your nursing experience, you should write a book." Susan Snyder RN-BSN

March 25th Interprofessional Collaboration"

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April 22 "Developing a Clinical Practice Guideline to Mitigate Violence Against Nurses"

Peter E Cunnius, DNP, MSN, CRNP, ANCC-BC, BCEN, PHRN

Doctor of Nursing Practice, Hospitalist - Adult Critical Care, U.S. DOT FMCSA Medical Examiner

May 20 To Be Announced

Michelle Evangelista Oswald, Class of 95

It is time for the 30 year Reunion for the Class of '95. We are looking for a few classmates and would love for all to join the Class Facebook page for updates. RHSN Class of 1995 -> https://facebook.com/groups/1081032545258500/ We look forward to seeing you next year and enjoying updates on the Class page.

~ Class of '95

Hospital Bathing from a Patient's Perspective

This story was told to me by Harold Gingrich—Vicki Hood Clements 1976

My father died of cancer in 1993. My mother was fortunate enough to meet a man she loved and remarried in 2016 when she was 86 and he was 90. They lived together in a private home in a continuing care retirement community. My step-father, Harold Gingrich, died in 2023. He was a typical 90 year old that believed cleanliness mattered. This is a story he told me at one of my many visits with them. In the words of Harold Gingrich:

I have seldom been in the hospital, so I am very much aware of the changes through the decades. In the 1960's I was hospitalized when I was in my 40's. At that time the nursing care was great! In the morning, they brought you your toothbrush, toothpaste, mouth wash, water, and a spit basin. Set you up and you brushed your teeth. During the morning at bath time, they got a basin filled with hot water and used washcloths and towels and washed and dried you from head to toe. They applied lotion to any dry skin areas. They used the lotion and gave you a backrub, straightened or changed your sheets, and fluffed your pillow. That was the morning routine every day.

In the evening, again they set you up with all the items needed to brush your teeth. Then using a warm washcloth and towel, they washed any areas on you that were soiled. Then using lotion, they gave you a back rub, straightened your sheets and fluffed your pillow. This was done every evening before bedtime.

I was not hospitalized again until the 1990'swhen I was in my 60's. Everything had changed. Most mornings if good nurses were on duty, you got the set up to brush your teeth. For the morning bath, they brought you a basin filled with hot water. They gave you a wash cloth and towel and left you to try to wash what you could while sitting in a bed. When the water was cold, they returned. On a really good day, they got more hot water and finished washing whatever you needed help to wash: your feet, your back, your bottom. On the good day you got a back rub with lotion. Some days they came and used the cold water and helped you to finish your bath. And on busy days, they returned and cleaned up the basin and put it away and never asked about the parts you couldn't reach. Sheets were straightened usually at a point in time when you were out of the bed, not at bath time. Pillows were fluffed when the sheets were straightened. In the evening of a good day you got a set up to clean your teeth. When they returned to put away the teeth brushing equipment, you might get a back rub with lotion and sheets straightened and pillows fluffed. Most days nothing was done in the evenings. I never thought it would get worse than this.

Unfortunately I was hospitalized again in 2019 when I was in my 90's. I was actually looking forward to a good bed bath. Was I in for a surprise! After being in the hospital for 2 days, I had to ask for a toothbrush and then I was given the setup needed to brush and clean my teeth. At that time they also said they would bathe me. I was waiting for a basin of hot water and a wash cloth and towel. Instead, they brought me a pack of wet wipes! They told me to wash what I could and they would come back to help. So I used a cold wet wipe and washed my face and hands and arms. After using it, I was still wet—not dry. They came back and used some of the remaining wipes to clean my back and bottom. Again I felt wet, not dry when they were done. My legs and feet were never cleaned, I guess because I was in bed, they thought they were not dirty. There was no back rub with lotion. Sheets were straightened only if they were noticeably not on the mattress. Occasionally they flipped my pillow. In the evening they occasionally used a wet wipe to clean my bottom, but nothing else was done. Hospital baths didn't exist in my mind.

Unfortunately I did not have the information provided by Carol Ann Ottey in the article on p.6 about **Bathing Without Water** at that time to share with my step-father. We just laughed at how nursing had changed.

HOSPITAL BATHING WITHOUT WATER: IS IT A FAD, TREND OR EVIDENCE BASED PRACTICE?

Carol Ann Lubas Ottey Class of 1972

If you or a family member or friend have recently been hospitalized, you may have been surprised to learn that hospital bathing is now accomplished without a bath basin, washcloth, towel, soap or water. In place of those supplies, contemporary bathing is achieved using 8 disposable, bathing cloths in a single use packet.

Some of my friends have asked me the following questions: why the change in the most basic of all nursing care and is it a fad or a trend? Is it just to make it easier for the nursing staff; how is it better for the patient and who dreamed up this new procedure? Some of the people asking these questions also commented that they were not informed about using nor offered the cloths during the time they were hospitalized.

Before I could make any insightful responses to these questions and comments, I chose to review the definitions of a fad and trend. A fad is an intense infatuation or craze. It is an activity that suddenly becomes popular but does not stay around for a very long period. That definition rules out disposable bed bath cloths because they were first developed and utilized in the hospital setting in the early 1990's and are still being used. A trend is a prevailing tendency or action that catches on, constantly changes, but eventually goes out of vogue. That definition also does not apply to prepackaged bathing supplies.

The utilization of bathing cloths is a proven, evidence-based practice that is hallmarked by a definite change in nursing culture. It is a different approach based upon the most up-to- date research and knowledge regarding protection from cross contamination during the bed bath and decreasing the risk of contracting a healthcare-associated infection (HAI). This novel approach, very different from the bathing procedure that student nurses once learned and practiced on each other, alters rather than perpetuates traditional bathing methods.

Waterless bathing using disposable cloths: 1) employs no harsh, drying soaps or skin irritants and is pH balanced and hypoallergenic, 2) requires no rinsing after wiping each single use cloth over the 8 key, designated areas on a patient's body, 3) allows the skin to air dry and reduces the need for a drying towel, 4) eliminates the repeated use of the same bath basin that has been shown to be a reservoir for numerous bacteria strains and 5) results in a lower microbial count on the patient's skin after the bath is completed. Nurses and non-licensed persons educated in correctly using the packaged wipes take less nursing time collecting necessary bathing supplies and completing the bed bath. In addition, there is an increase in the standardization of the bathing procedure used between different nurses. At the conclusion of the bed bath using the disposable cloths, patients will be left with skin feeling clean and moisturized.

It is also imperative to include some information regarding the use of Chlorhexidine Gluconate (CHG) bathing cloths. CHG is an antiseptic that is bacteriostatic, bactericidal, fungicidal and has some virus killing properties. This chemical impregnated into the cloths is used on all critical care patients and on all adult patients with central lines, midlines and lumbar drains. The prepackaged cloths that were previously described are offered to all patients on the non-critical care hospital units and do not include CHG.

What can a graduate nurse from The Reading Hospital School of Nursing do when a person comments about "no traditional bathing" while they were in the hospital? I believe that our responsibility is to first continue to learn more about waterless bathing by reading and researching the topic. Then, educating our family and friends about the change in the procedure is appropriate. Lastly, we can continue to encourage hospitalized persons to request bathing supplies if they are not made readily available to the bedbound patient.

<u>Peter Cunnius, Class of 2008</u>, completed his DNP at Walden University on February 11, 2024. He is a Hospitalist - Adult Critical Care, U.S. DOT FMCSA Medical Examiner. His internship and research at Main Line Health focused on developing a clinical practice guideline to mitigate violence against nurses. He is passionate about preventing assault and violence, and offers a sample of his research below. Please come to hear him speak on April 22,2025 at 6 PM.

Preventing Assault and Violence

Peter E Cunnius, DNP, MSN, CRNP, ANCC-BC, BCEN, PHRN

In Short, one effective method to decrease assaults is through increased situational awareness. Being aware of activities around you is an important first step to one's safety and that of others. Moreover, in the workplace, identifying the potential for violence using tools such as clinical practice guidelines (CPGs) and electronic medical record (EMR) violence screening data flags contributes to awareness. Moreover, the EMR should be updated throughout a patient's hospital stay, as the patient's behavioral situations change, and not just collected at initial intake. Ongoing data collection and updating patients' aggressive changes can heighten situational awareness for all staff using the EMR notification banner bar. In health care, we often call security to solve a problem. Although today's world seemingly disrespects authority. Therefore, security, although a valuable resource to protect staff and the facility, is not a single resource for violence mitigation, and, in some instances, it can bring more fuel or weapons to an evolving bad situation. Therefore, staff should be trained using evidence-based approaches such as Management of Aggressive Behavior (MOAB) or Crisis Prevention Institute (CPI) programs to learn how to control aggression and mitigate violence through de-escalation and self-protection techniques. Moreover, implementing a multi-disciplinary team of trained nurses and mental health professionals may be a better solution with security on the periphery of a behavioral emergency response incident area to support staff safety and protect facilities. Pennsylvania has existing laws, such as Act 51 of 2020, and stiff penalties for assaults against certain healthcare professionals, such as doctors, residents, nurses, practitioners, technicians, and paramedics. In Pennsylvania, if bodily injury occurs, the assault is considered a felony of the second degree. However, there are challenges and considerations with the prosecution of patients regarding their mental capacity to understand the action causing bodily injury, especially when patients are affected by dementia or delirium, and criminally charging these patients could have extensive negative effects on them and their families.

Reimbursement for BLS and Certifications

Alumni members can be reimbursed for earning a BLS certificate or recertification certificate. Alumni members can also be reimbursed for certification or recertification in a nursing specialty. Members are reimbursed on a first come first served basis while monies last. For both BLS or specialty certification reimbursement submit proof of payment for it, proof of successful certification, your name, address, phone number, email address, year graduated from RHSN, and are you an active member of the Alumni, yes or no. Mail to: Alumni Association of TRHSN, POB 6248, Wyomissing, PA 19610.

This spring the alumni association has reimbursed the following people:

Lisa Gooch- Certified Clinical Research Coordinator
Debra Peters -BLS Provider Course renewal
Janet Pagotto- Cardiac Vascular Nurse Renewal
Patricia Rakewiecki-Adult/Child/Infant CPR, First Aid & AED
Lisa Gooch- BLS Recertification
Melanie K. Miller-CCRN Recertification

Kristy Fox Evans 2016 writes:

I wanted to let you and the alumni know of the birth and passing of my husband's and my son, Gary Paul Evans. Gary Paul Evans was born March 1st, 2024 at 3:34pm. He was a beautiful, perfect baby boy who will always live on in our hearts. We take comfort in knowing Gary is now watching over us from heaven. I wrote a poem about everything and figured I would share it.

Our condolences to Kristy in her loss. We also applaud Kristy for her willingness to share her most private & personal feelings regarding the death of her infant son. That is the true spirit of being a nurse, willingness to share intimate experiences with the intention of providing comfort to other families who may have experienced a similar loss.

Losing My Son

Written by Kristy Evans 2016

A nightmare that I can't wake from.

Grief is ugly, earth-shattering, and heartbreaking.

It is a tear-stained face. Grief is eyes full of tears and numbness.

Grief is my breasts filled with milk for a baby not here to feed.

Grief is pain.

It is the loss of hope.

Grief. Heartbreak.

It is delivering your son, and not hearing his heart beat.

It is holding him and loving his lifeless little body.

It is his perfect face.

Ten fingers. Ten toes. Toenails. Fingernails.

It is having to say goodbye to the promise of a future with him.

Grief. Heartbreak. Pain.

It is watching your sisters, friends, and cousins announce births and pregnancies, wanting to celebrate with them but instead I can't. I'm burying my face in the pillow and crying all night, wishing. Wishing I would wake up from this nightmare and my son would be here.

Grief, Heartbreak, Pain, Numbness,

It is losing your relationships with friends, because they don't know what to say around you, so they stop calling and checking in.

Grief. Heartbreak. Pain. Numbness. Alone.

It is missing out on family time, because even though you love your nieces and nephews, it is too hard to be around them.

Grief. Heartbreak. Pain. Numbness. Alone. Self-hate and blame.

It is wondering if you did something wrong.

Is it my fault?

I have now lost two children.

Grief is feeling inadequate as a mother.

Grief. Heartbreak. Pain. Numbness. Alone. Self-hate and blame. Anger.

You sit alone in your house, your arms wrapped around your empty womb. Your head drops and you sob, screaming and wailing for the loss that keeps growing.

Grief. Heartbreak. Pain. Numbness. Alone. Self-hate and blame. Anger. Emptiness.

It is putting all the baby clothes away.

It is closing the nursery door and not wanting to go in.

It is hugging a teddy bear with my son's heartbeat inside.

Knowing, I'll never hear it again for real.

Losing My Son cont. from p. 8

It doesn't stop.

The pain.

The grief.

The heartbreak and heartache.

The anger.

The disbelief.

The numbness.

It just doesn't stop.

But now we sit in darkness.

Grief. Heartbreak. Pain. Numbness. Alone. Self-hate and blame. Anger. Emptiness. Disbelief.

Heartache.

Losing my son.

I won't ever be the same as I was before.

Everyone keeps saying it will get better with time. It doesn't. It hasn't. It won't.

Everyone says that God has a purpose.

What purpose?

Instead of being with his mother and father he is in heaven?

I wanted him.

I loved him.

I had plans for him.

Not just me, but my husband too.

We wanted him.

We needed him.

He was our sunshine.

Debbie Rahn EdD, MSN, RN

Debbie Hunsberger Rahn EdD, MSN, RN, class of 1978,was named the executive director, dean of Reading Hospital School of Health Sciences (RHSHS). In this position, she is responsible for multiple hospital-based diploma and certificate programs including nursing (RN), medical imaging (MI), diagnostic medical sonography (DMS), surgical technology (ST), medical laboratory science (MLS), phlebotomy, and emergency medical services (EMT, A-EMT, and Paramedics). In the nursing program her leadership created the dual enrollment where the stu-



dents receive a diploma from RHSHS and an Associate degree from Alvernia University. This allows the students to easily continue their studies at Alvernia for a BSN or get a BS in Health Sciences.

Debbie graduated from RHSN in 1978, from Penn State with a BSN, from Villanova with a MSN, and from Drexel University with her EdD. After graduating from RHSN, Debbie remained employed by Reading Hospital and worked as a inpatient psychiatric staff nurse. Later she was a nurse manager on the inpatient oncology unit. Then she became a nursing instructor at RHSN, then the curriculum coordinator, then the director of the Nursing Program at RHSHS, and then the director of RHSHS. She also is an adjunct professor at Alvernia University teaching in the MSN program. Through all of these positions at RH, Debbie has influenced hundreds of nurses and nursing students. Her influence continues today.

Debbie has also held multiple positions in national organizations. She served on the Board of Commissioners for Accreditation Commission for Education in Nursing from 2016 to 2022 and was elected chairwoman for the final two years. In this position she influenced the education of nurses nationally. She currently serves as an ethics consultant on the Reading Hospital Ethics committee. In addition Debbie has raised a family and has helped coworkers. Wow! What a life!

Scholarship Committee News

By Tammy Fry Foreman 1970 and Linda Kenee DeLong 1979

On March 18th and March 19th, The Reading Hospital School of Health Sciences Level 2 nursing students and Level 3 students were treated to a Walking Taco lunch with all the fixings, bottles of water and cupcakes for dessert.. Both groups of students expressed much appreciation. Alumni Association members who prepared and served the luncheons were Tammy Foreman, Linda DeLong, Carol Ann Ottey, and Diane O'Brien. We also added a trivia quiz on the topic of how many students graduated from the school since it started. The students were very engaged in their responses. Alumni members also explained the benefits of joining the Alumni Association, such as Graduate scholarships, reimbursements for BLS/ACLS certification, specialty certifications, and free CEU's for alumni education programs.

Of special note, one graduate scholarship recipient wrote in her application that she would like to be part of supporting nursing students because she remembers the lunches we provided as being an encouragement during school.

In April 2024, Graduate scholarships were awarded to 6 applicants. A total of \$ 6,200.00 was distributed. The Graduate scholarship recipients were Donald Dissinger, Sarai Aldana-Ocasio, Heather Abreu Feliciano, Michelle Rhoads, Tiara Baskfield and Sarah Chance Long. See picture below.

The Beth Lynn Negley Manweiler Award for Compassionate Care went to Kelsey Gobright. The recipient of this award is selected by the students. Her classmates spoke about her compassion, her ability to work tirelessly with a patient who was degrading her and refusing everything she tried to do to help her. Kelsey didn't let the patient's behavior phase her and continued working to establish a rapport.

A luncheon is planned for the fall semester to continue our support for the nursing students.

June Dinner

The Annual June dinner was held at the Wyomissing Church of the Brethren. Eighty-two alumni were present and had a good time. Everyone liked the brightness of the room and the ease of accessibility. Gold lamps and yellow roses were presented to the class of 1974. Corda Lou Pfost Johnson spoke about memories from 1974. Members from the class of 1969 and 1964 were given a red rose. The raffle raised \$400.00 for the Scholarship fund. Three of the graduate scholarship recipients attended. All three spoke briefly about their careers. These younger nurses all spoke eloquently, were very enthusiastic about nursing, and all were in awe of all of the nurses present and our histories. Their praise for older nurses that are constantly teaching them and their enthusiasm and hope for the future of nursing was very inspiring! Read more about them below:



Michelle Rhoads, Sarai Aldona-Ocasio, and Heather Abreu-Feliciano

Heather Abreu-Feliciano- Heather is working on her master's degree at Chamberlain University. She graduated from RHSN in 2013. She is a BLS provider and oncology certified nurse. She is working as an instructor at Reading Hospital School of Health Sciences. Her professional goals include helping nursing students by encouraging them and increasing their confidence and decreasing their anxiety.

Sarai Aldona- Ocasio- Sarai is working on her master's degree at Millersville University. She graduated from the RHSN in 2013. She holds certifications in BLS, ACLS, PALS, and NIH. Her professional goal is to become a family nurse practitioner with a goal of providing care to underserved populations. Sarai is employed as a nurse educator and supervisor at Tower Health Phoenixville.

Michelle Rhoads- Michelle graduated from RHSN in 2015 and from Chamberlain University with her BSN in 2018. She is planning to start a master's degree program in August 2024. Michelle works as a Clinical Oncology Nurse at the McGlinn Center. She is a member of the Oncology Nursing Society.

PLEASE SAVE THESE FORMS AND USE THEM FOR YOUR CONVENIENCE AND OURS

RHSN SCHOLARSHIP	DONATIONS	
Please accept my donation of \$	to be used as follows:	Student Scholarship Fund
My donation is In Honor Of Other	, In Memory Of,	Graduate Scholarship Fund
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Please acknowledge my donat	tion to:	_Pnone()
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Make check payable to: The A	Alumni Assn. RHSN, P.O. Bo	ox 6248, Wyomissing, PA 19610
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NAME (First)	(Maiden)	(Last)
Name at Graduation		Class of
Mailing Address		
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Please attach additional pap	er for your announcement it	needed.

The Alumni Association of the Reading Hospital School of Nursing

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Sept. 24, 2024 "Changes at the Bedside" Margo Hollenbach MSN, RN, CNE

To make sure that you get your newsletter as timely as possible notify the Association of any changes in your address.

MAIL THAT IS POSTED USING A BULK RATE PERMIT CAN NOT BE FORWARDED BY THE POST OFFICE.

The Association is charged first class postage for each piece of bulk mail returned.

Deadline for articles to be printed in the Spring 2025 Issue is March 1, 2025 Remember to include your year & name upon graduation.

Send items of interest to: Editor, Alumni Connection, POB 6248, Wyomissing, PA 19610

Or

You may e-mail the Editor at v.clements@comcast.net